



## GASTRONOMIC MIRANDESE WEEKEND

The concelho [area] of Miranda do Douro is rich in agricultural products of the highest quality, which enrich the region's gastronomy. Proof of that are the veal *posta* [type of veal beef] of *Mirandesa* breed, known in Portugal and abroad, the *caldeirada* and the grilled lamb chops of the *Churra Galega Mirandesa* breed, the *botelo* with *casacas*, the *cozido*, the products of the smokehouse, not forgetting the excellent wines and olive oils, among other delicacies from this region.

This weekend we have for you a delicious program of activities, where the finest of the Mirandese cuisine has a starring role in the "Festival of Mirandese Flavours".

### PROGRAM OF ACTIVITIES:

#### 1<sup>st</sup> day:

- Guided tour to Miranda do Douro (built heritage and the Terra de Miranda Museum);
- Pedestrian tour.

#### 2<sup>nd</sup> day:

- MTB Touring.

The program of activities will be held in the month of **February**.

If you're used to BTT practice and you can't bring your bicycle, bring your **saddle**, and we provide you the bicycle!

### TO BETTER ENJOY THE ACTIVITIES, WE ADVISE THE USE OF:

- Suitable and comfortable shoes, fit for walking in the country/mountain and according to weather;
- Hat;
- Suitable shoes, fit for the practice of MTB;
- Helmet, gloves and suitable clothes for the practice of MTB and according to weather;
- Bottle with water;
- Camera;
- Small backpack with food and water.

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## PRICES:

- 2 days without bicycle rental = 118,00 €/person (\*)
- 2 days with bicycle rental = 133,00 €/person (\*\*)

(\*) **Includes:** Specialized guide, obligatory insurance and 4 meals based in local gastronomy and regional products.

(\*\*) **Includes:** Bicycle and helmet, specialized guide, obligatory insurance and 4 meals based in local gastronomy and regional products.

For more information please refer to the **Terms and Conditions**.

**We advise you to read the section**  
**Good Practices**

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