

GRAPE HARVESTING TIME AND POST-NUPTIAL MIGRATION

After a year of labor in the vine, with the grape clusters already matured, it's time to begin the festivities of an entire region – the grape harvest. Families, friends and neighbours help each other, with scissors and bucket in hand, to harvest everyone's vines.

In the Mirandese plateau the vines are very low, which requires more effort to collect the grapes. But after the work is done, it's time to eat a well-deserved picnic, with some glasses of wine, but without forgetting that there's still need to squash the grape clusters, and to begin all the process that will lead to the wonderful nectar - the wine.

The harvest coincides with the post-nuptial migration period of some bird species, which return from the North latitudes (warmer in the Summer) to the winter areas in the South. It's a great occasion for the bird watching enthusiasts to visit this region.

PROGRAM OF ACTIVITIES:

1st day:

- Grape harvest (in the morning);
- Winemaking (in the afternoon).

2nd day:

- Birdwatching;
- Cruise in the Douro River.

The program of activities will be held between the end of **September** and **October**.

Birdwatching activity will be organized for groups with at least two adults and a maximum of eight people.

The cruise in the Douro River will be held in partnership with the local maritime-tour operators.

TO BETTER ENJOY THE ACTIVITIES, WE ADVISE THE USE OF:

- Clothes and shoes suited to walking in the fields and adapted to according weather;
- Hat;
- Binoculars;
- Field telescope and tripod;
- Camera;



- Notebook and pencil, or other means of recording your observations;
- Field guides;
- Canteen with drinkable water.

HOWEVER, DOURO PULA CANHADA WILL GARANTEE THE FOLLOWING EQUIPMENT:

- 2 Binoculars 8x42;
- 2 Binoculars 10x42;
- 2 field telescopes with an ocular 20-60x and tripods;
- Birdwatching field guides in Portuguese, Spanish and English.

PRICES:

- 2 days = 173,00 €/person (*)

(*) **Includes:** Transportation in all road vehicle, suitable equipment, specialized guide, cruise in the Douro River, obligatory insurance and 4 meals based in local gastronomy and regional products.

For more information please refer to the **Terms and Conditions**.

We advise you to read the section
Good Practices

MORE THAN ADVENTURE, NATURE AND CULTURE

