

SOLSTITIAL RITUALS

Between Christmas and Twelfth Night, there are several villages in the Northeast of Trás-os-Montes that celebrate the Winter Solstice, and in the Mirandese plateau these solstice rituals are still very alive. And to enjoy to the fullest mirandese traditions and culture, nothing better than to take a walk to the *Geada Festival*, warming the body and the spirit!

PROGRAM OF ACTIVITIES:

1st day:

- Workshop of Mirandese traditional music;
- Festival of Traditional Culture of Terras de Miranda – *Geada*.

2nd day:

- Festa de San Juan (solstice ritual), in Constantim;
- Pedestrian tour.

The program of activities will be held in the end of **December**, between Christmas and New Year's Eve.

TO BETTER ENJOY THE ACTIVITIES, WE ADVISE THE USE OF:

- Suitable and comfortable shoes, fit for walking in the country/mountain;
- Soft socks, without seams;
- Head protection, suitable clothes to according weather;
- Binoculars;
- Camera;
- Small backpack with food and water.

PRICES:

- 2 days = 122,00 €/person (*)

(*) **Includes:** Transportation to the place where the activity will be held, suitable equipment, specialized guide, obligatory insurance and 4 meals based in local gastronomy and regional products.



For more information please refer to the **Terms and Conditions**.

We advise you to read the section
[Good Practices](#)

MORE THAN ADVENTURE, NATURE AND CULTURE

